

## Who Can I talk to ?

If you are worried about HIV or hepatitis, there are several people you can talk to, such as the nurse or doctor at the transfusion centre or your family doctor.

**AIDS Helpline: 1097**  
(24 hours service)

**Please open and read  
carefully before you donate**

# Do Not *Give Blood*



Let's get in touch



प्रथमा

**PRATHAMA BLOOD CENTRE**

ADVANCED TRANSFUSION MEDICINE RESEARCH FOUNDATION

We are a Not for Profit, Charitable Trust in association with A.M.C.  
B/h, Jivraj Mehta hospital, Nr. Lavanya society, Vasna, Ahmedabad - 380 007.  
Fax: +91-79-6611850, Phone: +91-79-6600101, E-mail: prathama@prathama.org

WITHOUT  
READING  
THIS  
LEAFLET

## Keep Blood Transfusion Safe

Thank you for volunteering to be a blood donor; your gift could save someone's life.

Blood transfusions are safer now than they've ever been because we take such care with donor screening. All donations are tested thoroughly for dangerous viruses, but some viruses like HIV and hepatitis B and C cannot always be detected at the earliest stages of infection.

In fact, very occasionally, it may take up to a year between the time someone is infected and the time it shows up in tests. This means your blood might not show any sign of infection but could still pass on a disease.

The chances of this happening are very small, but if there is any risk you could have been infected - please don't give blood.

This leaflet will help you decide if you have been at risk. If, after reading it, you are still unsure or you need help, please talk in complete confidence to the doctor at the session.

Or, if you need time to think about it, it's quite alright to make an excuse and leave the session without giving blood, and with no questions asked.

Remember - you can't get hepatitis, HIV or any other infection by giving blood.

## You should NEVER give blood if:



you, or your partner are HIV positive



you carry the hepatitis B or C virus



you are a man who has had sex with another man, even 'safe sex' using a condom



you have ever worked as a prostitute



you have ever injected yourself with drugs, even once

## You should not give blood FOR A YEAR after sex with:



a man who has had sex with another man (if you are female)



a prostitute



anyone who has had injected themselves with drugs



anyone with haemophilia or a related clotting disorder who has received clotting factor concentrates



anyone, outside marriage

Please do not give blood if you think you need a test for HIV or Hepatitis, or if you have had sex in the past year with someone you think may be HIV or hepatitis positive.

**If you have any doubts or questions, talk to the nurse or doctor.**