

5. You are at risk

- If you are exposed to blood or body fluids.
- If your mother have had Hepatitis B, Hepatitis C or HIV history.
- If you have had sex with an infected person.
- If you were tattooed or pierced with unsterilized tools.
- If you are accidentally exposed to used needle.
- If you share razors or toothbrush.
- If you share drug needles or syringes.
- If you are on hemodialysis.
- If you indulge in sexual relationship outside marriage.

You are not at risk

- If you shake hands or hug an infected person.
- If you share toilet seats or towels.
- If you use latex condom correctly and consistently
- If you maintain steady or reliable sex partner.
- If you take blood from reliable blood centre.
- If you and your partner is faithful to each other.

Precautions

- Do not donate blood, body organs, other tissues or semen if you are infected.
- Avoid multiple sexual partners.
- Do not share tooth brushes, razors etc.
- Cover cuts and sores on the skin.
- Get family members vaccinated for Hepatitis B.
- Check the reliability of blood / blood products before transfusion.
- Stay away from drug abuse.
- Always use disposable syringes & needles.
- Update yourself on transmittable diseases.